



# 4TH ASIAN PACIFIC PROBLEM GAMBLING AND ADDICTION CONFERENCE 2015

*"Neurological and Psychosocial Aspects  
of Gambling Disorder and Addiction"*

**Pre-conference Workshops  
(6th & 7th May 2015)**

## Organizers



**東華三院**  
Tung Wah Group of Hospitals

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Even Centre

## Sponsors



**東華三院**  
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Ping Wo Fund

**8th & 9th May 2015**

Jockey Club Auditorium and Jockey Club Innovation Tower  
The Hong Kong Polytechnic University

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## Co-organizers



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Ping Wo Fund



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The Hong Kong  
Polytechnic University



Faculty of Social Sciences  
and Faculty of Education  
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Institute for the Study of  
Commercial Gaming  
University of Macau



**家庭議會**  
Family Council  
www.familycouncil.gov.hk

## Supporting Organizations



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Hong Kong Lutheran Social Service, LC-HKS



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Family  
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Macau Sheng Kung  
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Counselling  
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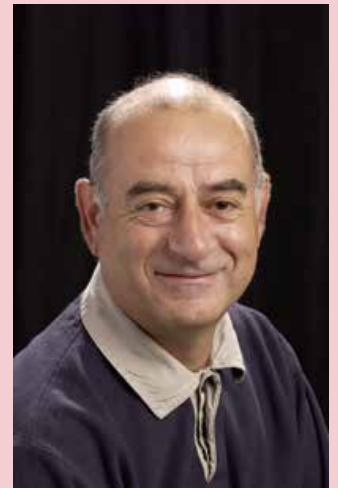
## 5 Steps Method: Treatment for family members or significant others who are affected by someone else's addiction problems

Date:	6 & 7 May, 2015 (Wednesday & Thursday)
Time:	9:30am to 5:30pm
Venue:	Jockey Club Innovation Tower, The Hong Kong Polytechnic University
Language:	English
Fee:	HK\$1,800 (2 days)
Target Participants:	<p>Counseling professionals including psychologists, counselors and social workers</p> <p>Teachers and youth workers</p> <p>Health care providers including physicians and nurses</p> <p>Public health administrators</p> <p>Academics and researchers</p> <p>Gambling industry personnel</p>
Contents:	<p>This workshop aims to introduce the 5-Step intervention Method working with family members of substance users and problem gamblers. This workshop will provide an overview on the Stress-Strain-Coping-Support model and the 5-step intervention method, as well as training on the practical skills acquired to deliver the 5-step Method. Practice issues such as dealing with domestic violence, providing 5-step in groups and implementation within one's workplace will be discussed in the workshop.</p>
CE Accreditation:	<p>CE (12 points) approved by Division of Clinical Psychology, The Hong Kong Psychological Society</p> <p>CME / CPD (10 points) approved by Hong Kong Academy of Medicine and Hong Kong College of Family Physicians (Max. 10 points for whole function)</p> <p>CME / CPD (12 points) approved by Hong Kong College of Pediatricians (Max. 10 points for whole function)</p> <p>CME / CPD (6 points) approved by Hong Kong College of Physician</p> <p>CME / CPD (8 points) approved by Hong Kong College of Psychiatrists (Max. 16 points for whole function)</p>

# (Pre-conference Workshop I)

## **Prof. Richard Velleman, Ph.D., M.Sc., B.S.**

is Emeritus Professor of Mental Health Research at the University of Bath. Prof. Velleman is both a clinical and an academic psychologist and has worked in the addiction and mental health fields for over 30 years. His research and practice interests cover a wide spectrum within mental health, with a particular interest in the impact of substance misuse and mental health issues on family members, especially children, as well as broader research and practice interests in counselling, substance misuse, and children and families. He is also a leading member of the Addictions and the Family International Network [AFINet] <[www.AFI-Network.info](http://www.AFI-Network.info)>.



## **Dr. Gracemary Leung, PhD (Lon), MBA, MS(clin)Exeter, BA(Hons) Lon., C.Psychol, AFBPsS, AFHKPs**

is an experienced chartered clinical psychologist in UK since 1978, working with problem gamblers and people with Mental Health. Returning to HK in 2000, she is teaching in the University of Hong Kong. She is an Honorary Assistant Professor in the Faculty of Social Sciences (counseling), an Associate Fellow of both the British and the Hong Kong Psychological Society, and has served as a member of the International Advisor Panel to the Ministry of Singapore (Gambling). She completed a number of projects on problem gambling under Ping Wo Fund HKSARS. Author of a book on the treatment of problem gambling Leung et al (2005); 賭博前因後果與處理方法 (三聯書局) and youth problems of addictive behaviors: Leung, G.M., Wong, S. (2009) 青少年問題解碼 (三聯書局).

# (Pre-conference Workshop II)

## Attachment Theory and Addiction

Date:	7 May, 2015 (Thursday)
Time:	9:30am to 5:30pm
Venue:	Jockey Club Innovation Tower, The Hong Kong Polytechnic University
Language:	English
Fee:	HK\$1,100 (1 day)
Target Participants:	Counseling professionals including psychologists, counselors and social workers Teachers and youth workers Health care providers including physicians and nurses Public health administrators Academics and researchers Gambling industry personnel
Contents:	Addiction appears in many forms, gambling and substance use are two of the more recognizable expressions of addiction. This one-day workshop will provide participants with a fresh understanding of addiction and recovery through the lens of attachment. This interactive workshop will be both didactic and experiential.
CE Accreditation:	CE (6 points) approved by Division of Clinical Psychology, The Hong Kong Psychological Society CME / CPD (5 points) approved by Hong Kong Academy of Medicine and Hong Kong College of Family Physicians (Max. 10 points for whole function) CME / CPD (6 points) approved by Hong Kong College of Pediatricians (Max. 10 points for whole function) CME / CPD (3 points) approved by Hong Kong College of Physician CME / CPD (4 points) approved by Hong Kong College of Psychiatrists (Max. 16 points for whole function)

### **Dr. Joel Porter, Psy.D., M.A., B.S.**

is a Clinical Psychologist of Goldbridge Rehabilitation Services in Gold Coast, Australia. Dr. Porter has over two decades of clinical and consulting experience in areas of mental health and addiction. He is a long standing member of the Motivational Interviewing Network of Trainers (MINT). Dr. Porter provides motivational interviewing, relapse prevention, professional ethics and basic counselling skills training throughout New Zealand, Australia and South East Asia to a wide range of professions. He is also an Adjunct Associate Professor at Canberra University, Centre for Applied Psychology.



# (Pre-conference Workshop III)

## How to develop and evaluate a prevention program for excessive gambling among youths and adults: 15 basic steps

Date:	7 May, 2015 (Thursday)
Time:	9:30am to 1:00pm
Venue:	Jockey Club Innovation Tower, The Hong Kong Polytechnic University
Language:	English
Fee:	HK\$700 (half day)
Target Participants:	Counseling professionals including psychologists, counselors and social workers Teachers and youth workers Health care providers including physicians and nurses Public health administrators Academics and researchers Gambling industry personnel
Contents:	The majority of prevention programs for excessive gambling among youths and adults applied in various settings has not been evaluated, and therefore, the impact of these programs remain unknown. During this workshop, Prof. Robert Ladouceur will suggest 15 steps to take to evaluate the implementation of a prevention programs.
CE Accreditation:	CE (3.5 points) approved by Division of Clinical Psychology, The Hong Kong Psychological Society CME / CPD (5 points) approved by Hong Kong Academy of Medicine and Hong Kong College of Family Physicians (Max. 10 points for whole function) CME / CPD (6 points) approved by Hong Kong College of Pediatricians (Max. 10 points for whole function) CME / CPD (3 points) approved by Hong Kong College of Physician CME / CPD (4 points) approved by Hong Kong College of Psychiatrists (Max. 16 points for whole function)

### **Prof. Robert Ladouceur, Ph.D.**

is a pioneer in the field of Gambling research. He is an academic researcher and clinician with a substantial track record of publications on various aspects of pathological gambling and responsible gambling. In 2003, he received the Senior Research Award from the National Center for Responsible Gaming, Harvard University. His cognitive treatment for pathological gamblers is widely used around the world. He set up the centre Québécois d' Excellence pour la Prévention et le Traitement du Jeu. This research center made many major contributions in the domain of gambling (experimental, prevalence, prevention, treatment and responsible gambling).



# (Pre-conference Workshop IV)

## How to reduce dropouts in the treatment of pathological gamblers plus case discussion and role playing

Date:	7 May, 2015 (Thursday)
Time:	2:00pm to 5:30pm
Venue:	Jockey Club Innovation Tower, The Hong Kong Polytechnic University
Language:	English
Fee:	HK\$700 (half day)
Target Participants:	Counseling professionals including psychologists, counselors and social workers Teachers and youth workers Health care providers including physicians and nurses Public health administrators Academics and researchers Gambling industry personnel
Contents:	Retention rate of gamblers in treatment is quite low. After the first few sessions, many patients will not continue in treatment. During this training, Prof. Robert Ladouceur will discuss this important issue and provide some concrete clinical means to reduce dropouts. Besides, participants will be invited to present difficult clinical cases they are treating. Feedback will be provided verbally and through role playing. Participants are invited to prepare such presentations before the training.
CE Accreditation:	CE (3.5points) approved by Division of Clinical Psychology, The Hong Kong Psychological Society CME / CPD (5 points) approved by Hong Kong Academy of Medicine and Hong Kong College of Family Physicians (Max. 10 points for whole function) CME / CPD (6 points) approved by Hong Kong College of Pediatricians (Max. 10 points for whole function) CME / CPD (3 points) approved by Hong Kong College of Physician CME / CPD (4 points) approved by Hong Kong College of Psychiatrists (Max. 16 points for whole function)

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# (Pre-conference Workshop V)

## Integrating Pharmacotherapy into the Addiction Treatment Paradigm

Date:	7 May, 2015 (Thursday)
Time:	9:30am to 1:00pm
Venue:	Jockey Club Innovation Tower, The Hong Kong Polytechnic University
Language:	English
Fee:	HK\$700 (half day)
Target Participants:	Counseling professionals including psychologists, counselors and social workers Teachers and youth workers Health care providers including physicians and nurses Public health administrators Academics and researchers Gambling industry personnel
Contents:	This workshop examines what is known about the biology of addiction and how pharmacology may assist people by reducing urges in addiction and improving overall cognitive functioning. Specifically the workshop will focus on neurocognitive aspects of substance and behavioral addictions and how pharmacotherapy and nutritional supplements may be used.
CE Accreditation:	CE (3.5 points) approved by Division of Clinical Psychology, The Hong Kong Psychological Society CME / CPD (5 points) approved by Hong Kong Academy of Medicine and Hong Kong College of Family Physicians (Max. 10 points for whole function) CME / CPD (6 points) approved by Hong Kong College of Pediatricians (Max. 10 points for whole function) CME / CPD (3 points) approved by Hong Kong College of Physician CME / CPD (4 points) approved by Hong Kong College of Psychiatrists (Max. 16 points for whole function)

### **Prof. Jon E. Grant, J.D., M.D., M.P.H.**

is a Professor in the Department of Psychiatry and Behavioral Neuroscience at the University of Chicago. His research interests include neurology and psychopharmacology in addictive, impulsive and compulsive disorders such as substance abuse disorder, gambling disorder, kleptomania and grooming disorders, etc. Dr. Grant was honored by the NCRG in 2004 as one of the outstanding young investigators in the field of gambling studies. He is the editor-in-chief of the Journal of Gambling Studies.



# Pre-conference Workshop

## Registration Form

### Personal Information

Name in English: (First Name) (Given Name)

Name in Chinese (if applicable): \_\_\_\_\_

Title: ☐ Mr. ☐ Mrs. ☐ Ms. ☐ Dr. ☐ Prof. ☐ Others: \_\_\_\_\_

Organization / Affiliation: \_\_\_\_\_ Position: \_\_\_\_\_

Correspondence Address: \_\_\_\_\_

Tel: \_\_\_\_\_ Fax: \_\_\_\_\_ Email: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Please indicate the workshop(s) that you want to attend by ☒:

	Fee	
<b><u>Workshop I</u> [6 &amp; 7 May 2015, 9:30am – 5:30pm]</b> “5 Steps Method: Treatment for family members or significant others who are affected by someone else’s addiction problems”	<b>HK\$ 1,800</b> (2 Days)	<input type="checkbox"/>
<b><u>Workshop II</u> [7 May, 2015, 9:30am to 5:30pm]</b> “Attachment Theory and Addiction”	<b>HK\$ 1,100</b> (1 Day)	<input type="checkbox"/>
<b><u>Workshop III</u> [7 May, 2015, 9:30am to 1:00pm]</b> “How to develop and evaluate a prevention program for excessive gambling among youths and adults: 15 basic steps”	<b>HK\$ 700</b> (Half Day)	<input type="checkbox"/>
<b><u>Workshop IV</u> [7 May, 2015, 2:00pm to 5:30pm]</b> “How to reduce dropouts in the treatment of pathological gamblers” plus “Case discussion and role playing”	<b>HK\$ 700</b> (Half Day)	<input type="checkbox"/>
<b><u>Workshop V</u> [7 May, 2015, 9:30am to 1:00pm]</b> “Integrating Pharmacotherapy into the Addiction Treatment Paradigm”	<b>HK\$ 700</b> (Half Day)	<input type="checkbox"/>
<b><u>Total:</u></b>	<b><u>HK\$</u></b> _____	

Please make a cheque payable to “**Tung Wah Group of Hospitals**” by mail or in person to  
**APPGAC Conference Manager, 11/F Tung Sun Commercial Centre, 194-200 Lockhart Road, Wanchai, Hong Kong**  
within 2 weeks after registration.

For enquiry, please contact APPGAC Conference Manager, Ms. Nien LIU at 2827-4567 or via info@appgac.org.

*Registration will only be valid upon receipt of full payment.  
All registration fees are non-refundable and non-transferable.*